

## What's in my record?



- Patient demographics (like name, age, date of birth, address)
- Illnesses
- Injuries
- Conditions
- Allergies
- Medications
- Laboratory test results
- Radiology reports
- Patient care summaries
- Doctor notes
- Limited mental health information\*
- Limited substance use disorder information\* (also called addiction)

*\* Records about mental health and substance use disorder treatment received at some primary care practices, emergency departments, and hospitals may be included. These records may include diagnoses and prescribed medications. Private psychiatrists, mental health counselors and substance use disorder treatment centers do not contribute to the Vermont Health Information Exchange.*

For more, visit [VTHealthInfo.com/FAQS](http://VTHealthInfo.com/FAQS)

## What's that mean for me?



Having your doctors and healthcare providers on the same page means better care for you.

When providers use the Health Information Exchange, one record is shared across the state. This means you won't have to answer the same questions everywhere. Or remember when things happened. Or know exactly what kind of medication you've taken. And if you ever can't give your information, like in an emergency, the doctor can still get important information to help you.

The Vermont Health Information Exchange is operated by Vermont Information Technology Leaders (VITL) and is funded by the State of Vermont as a service to all Vermonters. For more on VITL, visit [VITL.net](http://VITL.net).

[VTHealthInfo.com](http://VTHealthInfo.com)

For questions, call the Health Information Exchange Hotline at 1-888-980-1243.

Vermont  
**health  
information  
exchange**

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**Put your providers on  
the same page.**



## What is this?



So what is the Vermont Health Information Exchange?

The Vermont Health Information Exchange keeps your health records in one secure place. When you see a doctor or healthcare provider who participates, an electronic record may be sent to the Health Information Exchange. This record is ready for the next doctor you see so they know your health history. This doctor adds to your record so it's ready for the next doctor, and so on.

It puts your providers on the same page.



## What are my options?



Now that you know more about the Vermont Health Information Exchange, let's talk about your options.

### Participate

If you want the benefit of all your providers having your medical record you have nothing to do. Starting March 1st, 2020 if your providers participate, your records will be shared on the Health Information Exchange.

### Get more information before you decide

Your doctor or healthcare provider can answer questions about the Health Information Exchange. Or you can call the Health Information Exchange Hotline at **1-888-980-1243**.

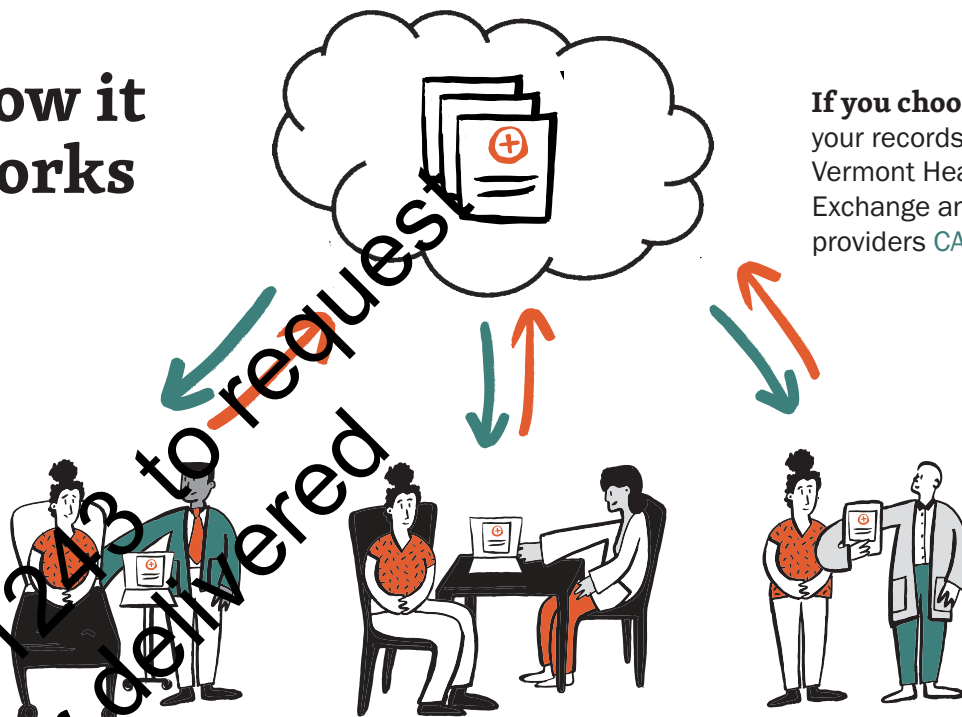
### Don't participate

You can choose to not have your records shared with providers. This is called opting out. If you opt out, your record will be stored in the Health Information Exchange. But your providers will not be able to see it except in emergencies.

To opt out, visit **VTHealthInfo.com** to complete or download the opt out form or call the Health Information Exchange Hotline at **1-888-980-1243**.

If you have questions and want to talk to a resource that is independent of the Vermont Health Information Exchange, call the Health Care Advocate Helpline at 1-800-917-7787.

## How it works



If you choose to participate your records are stored in the Vermont Health Information Exchange and your doctors and providers **CAN SEE THEM**.

If you choose to not participate and you opt out, your records are stored in the Vermont Health Information Exchange but your doctors and providers **CAN'T SEE THEM**.

